



ST.FRANCIS COLLEGE

Koramangala, Bangalore, India

Affiliated to Bengaluru City University, Approved By AICTE

CIVIL DEFENCE A proposal for 5 Km Marathon

1	Proposed date	19 December 2022
2	Nature of the Initiative	CIVIL DEFENCE
3	Department	Nil
4	Objectives	<p>➤ Organizing 5 Km Marathon for Civil Defence Members</p>
5	Learning Outcome	<ul style="list-style-type: none">• Inculcate a spirit of adventure, exploration, inquisitiveness and practical investigation.• Develop stamina, endurance, self-confidence, team spirit and esprit-de-corp.• Develop love for nature and concern for environmental cleanliness.• Promote National Integration.
6	Procedure/ Details	Organizing 5 Km Marathon for Civil Defence Members as a part of Civil Defence Activity.
7	Recommended Speakers / Resource Person	Nil
8	Budget (if any)	Nil.


Coordinator

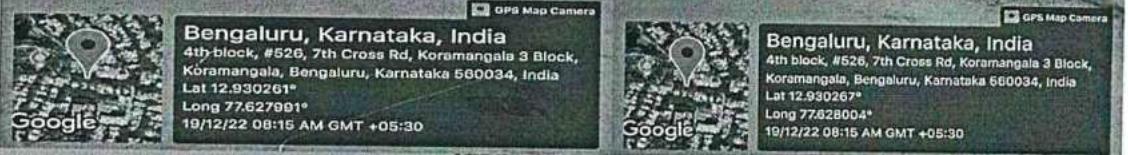
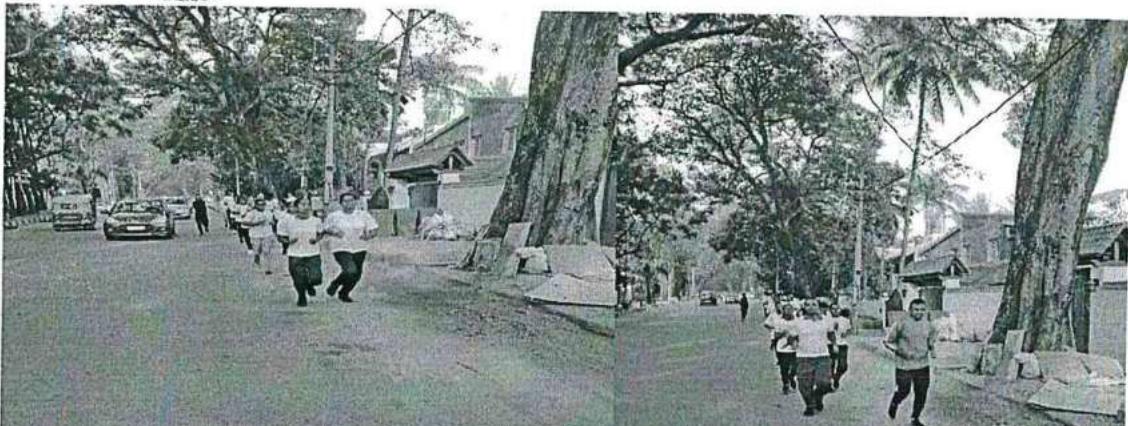



Principal



ST.FRANCIS COLLEGE

Koramangala, Bangalore, India
Affiliated to Bengaluru City University, Approved By AICTE




Coordinator


Principal





ST.FRANCIS COLLEGE

Koramangala, Bangalore, India

Affiliated to Bengaluru City University, Approved By AICTE

CIVIL DEFENCE 5 Km Marathon Report

Introduction: On 19 December 2022, the Civil Defence Unit of St. Francis College organized a 5-kilometer marathon to promote physical fitness and raise awareness about the importance of disaster management. The event was a huge success, with a large number of participants from both the college and the surrounding community.

Event Details: The marathon began at 7 am and was open to all interested participants. The route took the runners through the scenic streets surrounding the college and ended at the college grounds. The event was organized in collaboration with the local authorities, who provided support in terms of traffic management and security. The event was also an opportunity for the Civil Defence Unit to showcase their preparedness for disaster management. The unit was deployed along the route and provided emergency services such as first aid and crowd control.

Participants: The event saw a large turnout, with over 40 participants, including students, faculty members, and local residents. The event was open to all, regardless of age or gender, and attracted participants from all walks of life.

Conclusion: Overall, the 5-kilometer marathon organized by the Civil Defence Unit of St. Francis College was a huge success. It provided an opportunity for the participants to engage in physical activity while raising awareness about disaster management. The event was well-organized and received positive feedback from the participants and the local community. The Civil Defence Unit demonstrated their readiness to handle emergencies and was lauded for their efforts in ensuring the safety and well-being of the participants.


Coordinator


Principal





ST.FRANCIS COLLEGE

Koramangala, Bangalore, India

Affiliated to Bengaluru City University, Approved By AICTE

CIVIL DEFENCE 5 Km Marathon Participation List

SL.N O	NAMES	CLASS
1	DHEERAJ	1 ST B.COM
2	JEEVA	1 ST BSC (PJC)
3	LIKITHA	2 ND B.COM A&F
4	NIKITHA	2 ND B.COM
5	NISCHITHA	2 ND B.COM
6	SHRISHA	1 ST B.COM
7	ARTHISHREE	2 ND BSC
8	GIDEON	2 ND B.COM
9	BHAVANA	2 ND BCA
10	HARSHITHA	3 RD B.COM A&F
11	MANOJ	2 ND B.COM
12	VEREENDRA	1 ST B.SC
13	SHARAN	1 ST B.SC
14	APOORVA	2 ND B.COM A&F
15	PRAVEEN	3 RD BCA
16	DARSHAN	3 RD BBA
17	SHWETHA	3 RD B.COM
18	MANIGANDAN	3 RD BCA
19	DANIEL	1 ST B.SC
20	BALA SWAMY	1 ST B.SC
21	JENIFER	2 ND B.COM A&F
22	NAVEEN	3 RD BCA
23	ARUN KUMAR	3 RD BCA
24	HEMANTH	1 ST B.COM
25	SURYA	2 ND BCA
26	ANUSHA	2 ND B.COM





ST.FRANCIS COLLEGE

Koramangala, Bangalore, India

Affiliated to Bengaluru City University, Approved By AICTE

27	BHARGAVI	1 ST BA
28	AJAY	2 ND B.COM A&F
29	KEERTHAN	1 ST BCA
30	AMULYA	2 ND B.COM A&F
31	SATHISH	2 ND BA
32	SATHYA SHREE	1 ST BCA
33	HAMSINI	2 ND B.COM A&F
34	SUJAY	3 RD BCA
35	HUMAIRA	1 ST B.SC
36	CHETHAN	3 RD B.COM A&F
37	NITHIN	3 RD B.SC
38	SAI PREETHI	1 ST B.SC
39	SANIYA	2 ND B.COM
40	ROSHNI	2 ND B.COM


Coordinator


Principal

